

Volunteer South West

Empower

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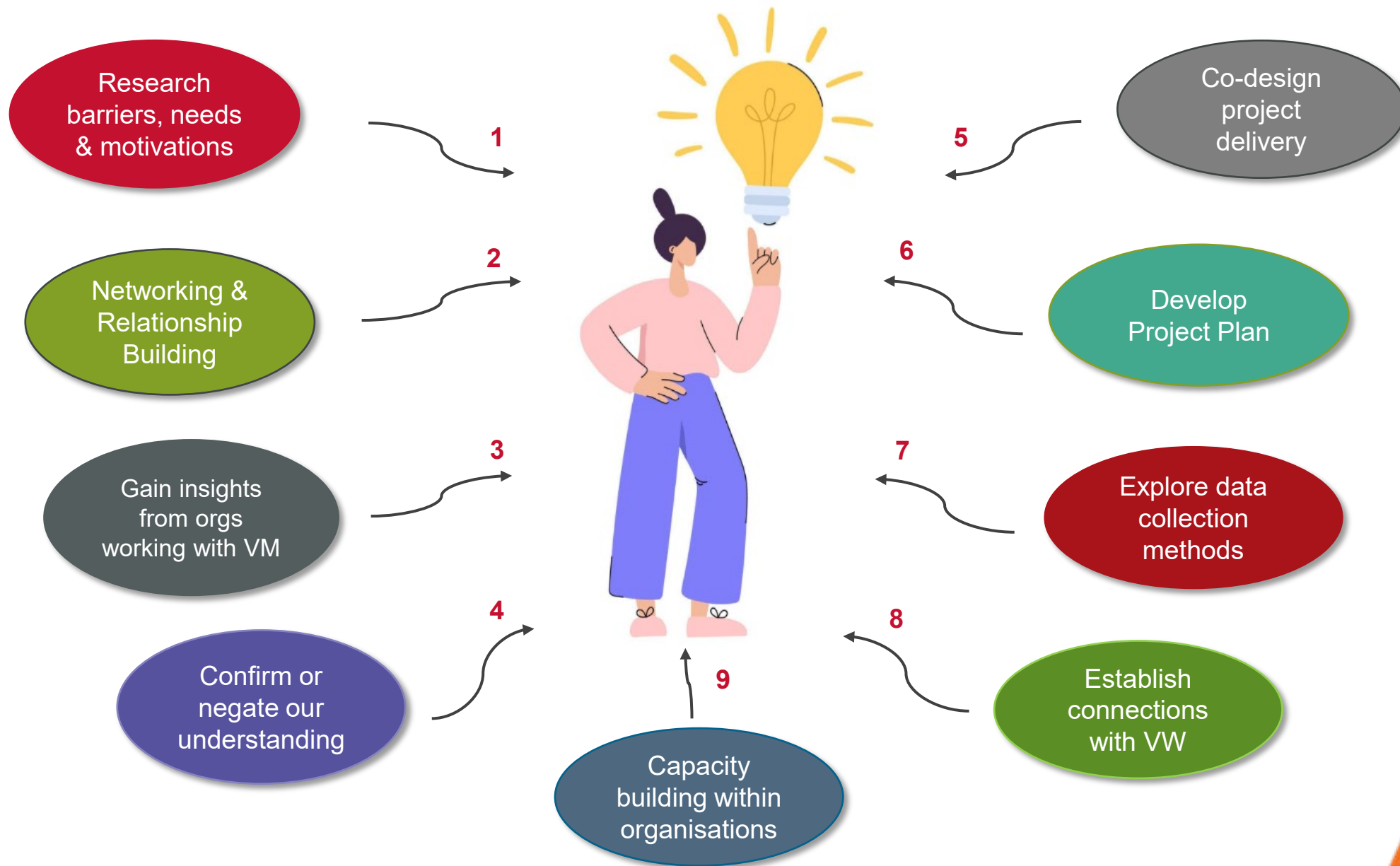


Defining 'Vulnerable Women'

- Women experiencing disadvantages
- Women facing challenging circumstances
- Women rebuilding their lives
- Women seeking connection and support
- **Women building new beginnings**



First Things First: Research and Planning



First Learnings

Research
barriers, needs
& motivations

**Feeling
Overwhelmed**

Develop
Project Plan

**Adaptive
Planning**

Networking &
Relationship
Building

**Community
Connections**

Explore data
collection
methods

**In-depth
Feedback**

Gain insights
from orgs
working with
VW

**Collaborative
Alignment**

Establish
connections
with VW

**Adaptive
Mindset**

Confirm or
negate our
understanding

**Deepened
Insights**

Capacity
building within
organisations

**Inclusive
Practice**

What did we do? Engaging and Supporting Vulnerable Women

Promotion of Program



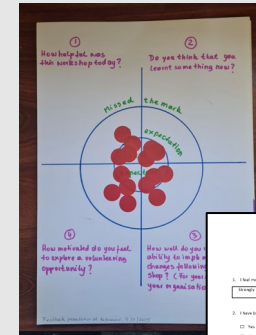
Micro-Volunteering Activities



One-on-One Support



Evaluation



EMPOWER Survey (Post-Placement)

1. How helpful was this workshop today?

Strongly Agree	Agree	Neither agree/disagree	Disagree	Strongly Disagree

2. Do you think that you learnt something new?

Strongly Agree	Agree	Neither agree/disagree	Disagree	Strongly Disagree

3. How confident do you feel to explore a volunteering opportunity?

Strongly Agree	Agree	Neither agree/disagree	Disagree	Strongly Disagree

4. How confident do you feel to explore a volunteering opportunity?

Strongly Agree	Agree	Neither agree/disagree	Disagree	Strongly Disagree

5. How confident do you feel to explore a volunteering opportunity?

Strongly Agree	Agree	Neither agree/disagree	Disagree	Strongly Disagree



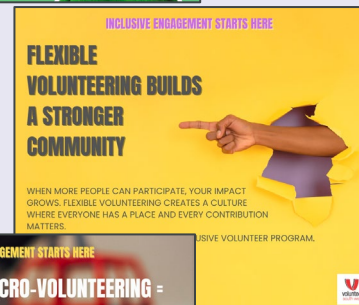
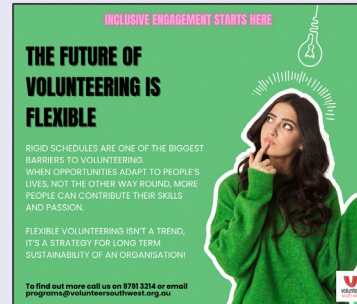
What did we do?

Engaging and Supporting Vulnerable Women

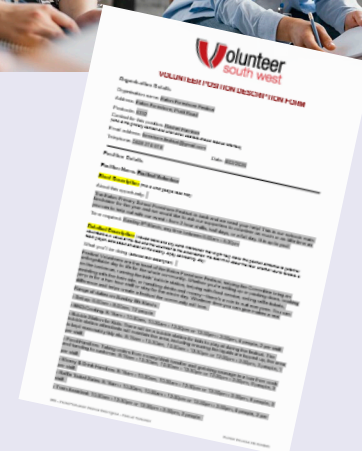
Promotion of Program



Capacity Building



One-on-One Support



The Learnings

How to best support Vulnerable Women and create a safe and welcoming volunteering environment

- Our Mantra: **'Move at the speed of trust'**
- Practice deep listening
- Build trust first
- Learn from experts
- Provide clarity and consistency
- Offer short, manageable commitments
- Be **FLEXIBLE**



The Learnings

Inclusive and flexible Volunteer Management

- Working with Vulnerable Women is not more time-consuming
- Start small with one project
- Lead with EMPATHY
- Use clear, simple communication
- Provide mentoring and support
- Re-assess your language



Volunteer South West

Connecting people to community

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Volunteering WA

Empowering people and communities to enrich Western Australia

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