

Supporting self-determination in volunteering

Volunteer Management Activity

Breaking down barriers to volunteering



Self-Determination

Self-determination is the principle and process by which a person or a group of people **exercise control over their own lives**, make their own choices, and pursue their own goals and aspirations.

Overall, self-determination is about the **power** and **freedom** to **shape one's own destiny**.

Ultimately, it is about deeply respecting a person's freedom to live their life, their way.

Self-Determination and Inclusion

- Having the power to make decisions about one's own life, community, and future.
- The right to express and maintain one's unique cultural, social, and personal identities.
- Having access to resources and supports to make informed choices and take control of one's life.

Self-Determination, Inclusion & Volunteering

How might VIOs deeply honour the **uniqueness** and **self-determination** of people from diverse backgrounds?

Context 1: 'Pre-Volunteering'

Nurturing personal discovery, autonomy and confidence to contribute

- > **Gifts Discovery workshops and convos**
 - *'Discovering your Gifts'*
 - *'Core Gift Interview'*

- > **Community Contribution workshops and convos**
 - *'Stepping stones to community involvement'*
 - *'Your vision for community life'*
 - *'Contributing in your community'*
 - *'Kickstarting community'*

- > **Community 'campfire' conversations**



Context 2: Multiple Contribution Pathways

Supporting both 'formal' and 'informal' volunteering

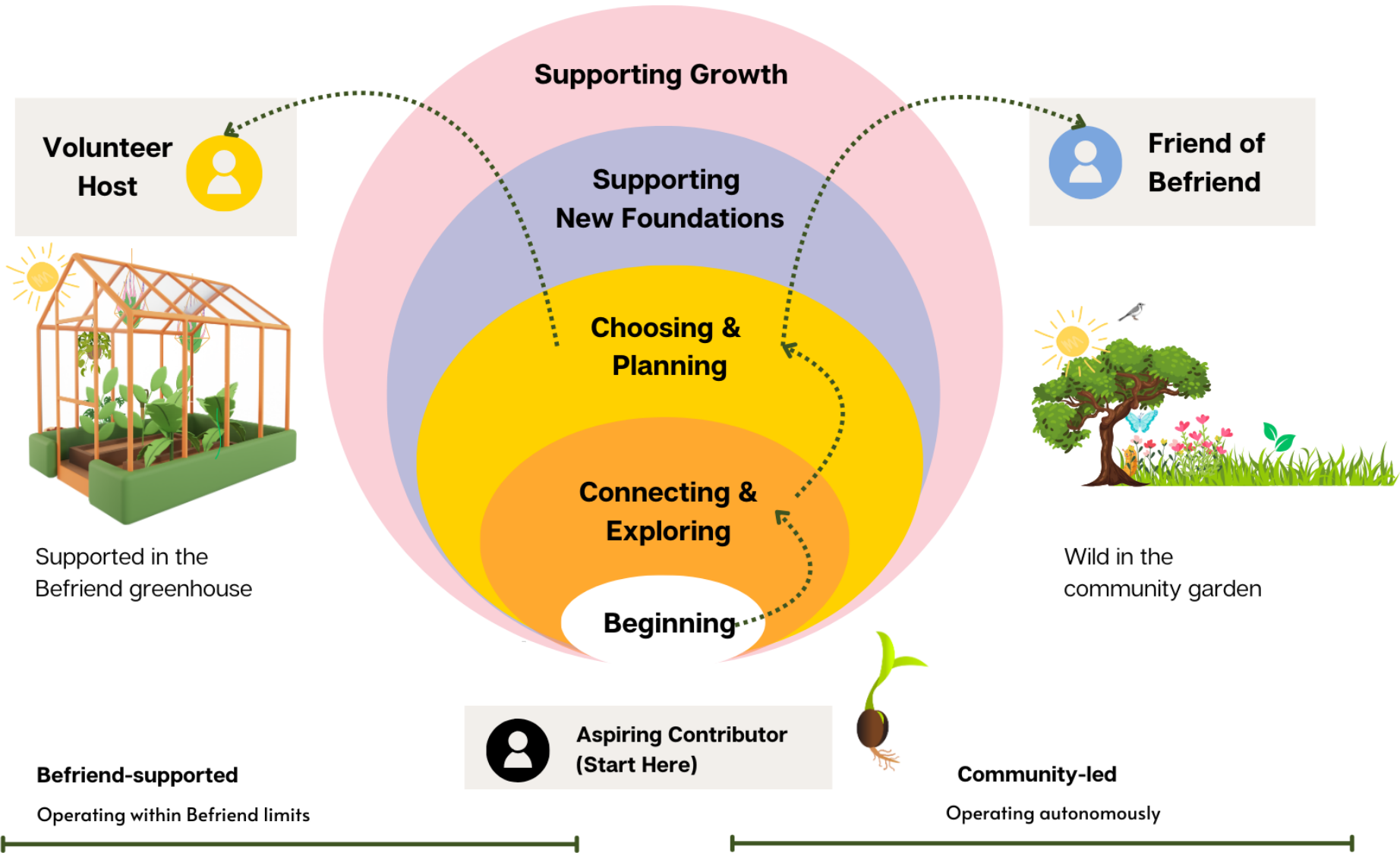
➤ **Pathway 1: Volunteering for the Organisation**

➤ **Pathway 2: Mission-aligned Informal Volunteering**

- Informal ways of contributing to the cause, grounded in the person's unique gifts and lived experiences. Eg.
 - Sharing through family & kinship networks
 - Community-led groups
 - Neighbourhood projects
 - Social action campaigns
 - Advocacy efforts
 - Creative arts initiatives



Context 2: Multiple Contribution Pathways



Self-Determination, Inclusion & Volunteering

In your context, what could it look like to more deeply honour the **unique** and **self-determined** **contributions** of people from diverse backgrounds?

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Volunteering WA

Empowering people and communities to enrich Western Australia

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